

## Course Details

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### FA12 'Pitch Side' First Aid

This one day course is designed for anyone involved in sport teachers, players, officials, coaches, instructors, spectators etc.

#### Content

The programme includes:

- The treatment and priorities of care for an unconscious patient
- The recognition of cardiac arrest and delivery of cardio-pulmonary resuscitation (CPR)
- The ability to safely and promptly treat a patient who is bleeding
- The recognition and treatment of shock
- Management of head injuries
- Management of fractures and dislocations
- The keeping of simple records following an accident

The course follows a syllabus laid down by the Dimension People -Safe family of first aid training systems which utilises the following training methods:

- Video/DVD segments to convey essential information
- Hands on practice in small groups
- Positive coaching from approved and professionally qualified Instructors.
- Up-to-date medical information presented in a stress-free learning environment
- Opportunity for self appraisal and completion of a class evaluation

The course follows the guidelines and protocols of many of the national governing bodies .

#### **Certification**

Students will receive a certificate of attendance

#### **Course Duration**

One day (6 hours)

January 2010