

Course Details

FA12A 'Pitch Side' First Aid Plus

This two day course is designed for anyone involved in sport teachers, players, officials, coaches, instructors, spectators etc.

Content

The programme includes:

- The treatment and priorities of care for an unconscious patient
- The recognition of cardiac arrest and delivery of cardio-pulmonary resuscitation (CPR)
- The ability to safely and promptly treat a patient who is bleeding
- The recognition and treatment of shock
- The recognition, signs and treatment for a range of common illnesses (heart attack, asthma, diabetes, anaphylaxis and seizures)
- The treatment and care for an injured patient (fractures, dislocations, strains, sprains, heat/cold exposure)
- Management of head injuries
- Return to play
- First Aid kits
- The keeping of simple records following an accident

The course follows a syllabus laid down by the Dimension People -Safe family of first aid training systems which utilises the following training methods:

- Video/DVD segments to convey essential information
- Hands on practice in small groups
- Positive coaching from approved and professionally qualified Instructors.
- Up-to-date medical information presented in a stress-free learning environment
- Opportunity for self appraisal and completion of a class evaluation

The course follows the guidelines and protocols of many of the national governing bodies such as the FA and RFU

Certification

Students will receive a certificate of attendance

Course Duration

Two days (12 hours)

January 2010