

## **Course Details**

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### **FA14 Long Board and Cervical Collar Management**

This course is designed for experienced First Aiders who hold a current First Aid at Work certificate. The programme is particularly relevant to First Aiders working in situations where there is the likelihood of neck or spinal injury and where professional help may not be immediately to hand..

#### **Content**

The programme includes:

- Equipment familiarisation
- Measuring and applying collars
- Loading long boards
- Casualty securing
- Stretcher carry

The course follows a syllabus laid down by the Dimension-People Safe family of first aid training systems which utilises the following training methods:

- Video/DVD segments to convey essential information
- Hands on practice in groups three
- Positive coaching from approved Instructors
- Up-to-date medical information presented in a stress-free learning environment
- Opportunity for self appraisal and completion of a class evaluation

#### **Certification**

Students will receive a certificate of attendance

#### **Short Day Course 3 hours**

January 2010