

Course Details

FA3 Emergency First Aid at Work

This new course consists of one day's training in Emergency Care Procedures designed to give the student a basic knowledge in the essential skills of patient care. The course is recognised by the HSE as being suitable for those working in a low risk environment.

The course meets the recommendations of the Health & Safety (First Aid) Regulations 1981 issued by the Health & Safety Executive. It is delivered in accordance with the Approved Code of Practice L74 for training of candidates in first aid for low risk environments.

Selection of Suitable Candidates

Any member of an organisation or company who is likely to find themselves taking charge of a first aid emergency or assisting a qualified First Aider.

Content

This course covers the basic essentials required to provide emergency care to a patient.

Candidates will receive training in a range of first aid skills and on completion of the course should be able to:

- Understand the role of the First Aider including reference to:
 - The importance of preventing cross infection
 - The need for recording incidents and actions
 - Use of available equipment
- Assess the situation & circumstances in order to act safely, promptly and effectively in an emergency
- administer First Aid to a casualty who is unconscious (including seizure)
- administer cardio-pulmonary resuscitation (CPR)
- administer First Aid to a patient who is choking
- administer First Aid to a casualty who is wounded and bleeding
- administer First Aid to a casualty who is suffering from shock
- provide appropriate First Aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

The course follows a syllabus laid down by the Health & Safety Executive. The programme will be delivered using a number of teaching methods::

- Video/DVD segments to convey essential information
- Hands on practice in groups
- Positive coaching from approved Instructors with a maximum group size of 12 students
- Up-to-date medical information presented in a stress-free learning environment
- Opportunity for self appraisal and completion of a class evaluation,

to meet all learning styles

Certification

Candidates who successfully complete the course will be awarded a certificate. Which is valid for three years. The course is not assessed

Course Duration -1 Day (6 hours)